ANNUAL 2018 REPORT 2018

WINTERGREEN STUDIOS

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Ayitis Rena Upitis

A MESSAGE FROM THE PRESIDENT

It certainly has been a year for the books! Wintergreen received a multi-year grant through the Ontario government to further develop physical literacy across generations. We now have not one, but two full-time employees, Monica Capovilla and Leah Mighton, who support event planning. We have seen record numbers of guests walk through the doors at Wintergreen through workshops and retreats. We hope that you will join us as often as you can. We will do incredible things together.

BOARD OF DIRECTORS

Rena Upitis, President Helen Turnbull, Secretary-Treasurer Lawrence Scanlan, Director Justin Connidis, Director Gerald Dimnik, Director

WHAT IS WINTERGREEN? Live more simply, mindfully & sustainably.

Wintergreen Studios is an off-grid wilderness retreat centre, located on 204 acres in the Frontenac Arch Biosphere Reserve. We offer retreat facilities for groups and individuals looking to get away, as well as a wide variety of programming encompassing three sectors: education, culture, and the environment. Workshop topics range from poetry writing and painting to Indigenous teachings and drumming, as well as community events on renewable energy, species identification, and local biodiversity. Guests learn new skills, engage in mindful living, and return home feeling renewed and refreshed.



FINANCIAL REPORT

NGO Contributions & Partnerships

2%

35%

Wintergreen Studios Press

8%

Retreats & Rentals

Donations

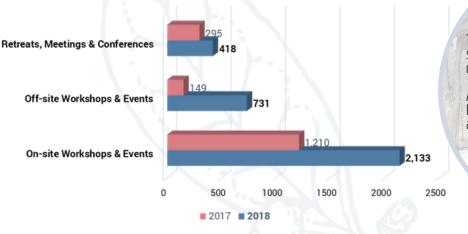
18%

Workshops & Events

Grants & Foundations

26%

ACTIVITY REPORT



Thank you so much for all the love during our stay! From the heart on the trail to the cozy bed complete with chocolates and a fire.

And a special gratitude to the more-thanhuman world that brought us to presence, joy, and timelessness with gentle snowflakes.

> - Stana Luxford Oddie Senior Educator, CRCA

HIGHLIGHTS FROM 2017/2018

Our 4th Annual Land Art BioBlitz was without a doubt our biggest and best yet. This 5-day celebration of land and art was filled with workshops, from pond studies and guided hikes to soundwalks and herpetology 101, and even square dancing and astronomy too!

This event certainly wouldn't have been possible without the gracious support of Grants Ontario, TD Friends of the Environment, Sustainable Eastern Ontario, Queen's University, Cataraqui Region Conservation Authority, Trailhead, Pathways to Education, Reptile & Amphibian Advocacy, and the Biodiversity Education & Awareness Network. Memories of Wintergreen are so vivid and bring such a sense of calm and happiness to me! There are no distractions, just nature and people and art colliding in a very organic way. It's like a trip back to the way things should be — where people have a deep sense of connection to each other, to nature, and to wonder.

Program Facilitator, Pathways to Education



LABYRINTH WALKS THROUGH THE SEASONS



CAMINO

A book and an homage to an exceedingly long walk, music played en route, and four friends who are now three, Wintergreen Studios Press proudly published the much anticipated *Camino* by Peter Coffman.



Sara Beck Dan Blair Karen Boese Jamie Campbell Monica Capovilla Alena Cawthorne Peter Coffman Justin Connidis Jason Crockwell Lorna Crozier Ken Cuthbertson Stuart David Gerry Dimnik Olivia Dorio Jillian Glatt Roxanne Grisé

VOLUNTEERS

David Hahn Kristina Inrig Amanda Jahnke Bruce Kauffman Rosie Kerr Emily Lacelle Stephanie Lafond Diane Laundy Julia McArthur Fin McShane Iain McShane Michelle McShane Leah Mighton Alfred Mirbach Ky Pearce Gary Rasberry Hayden Rasberry Jennifer Rider Alex Rochon-Terry Kenny Ruelland Larry Scanlan Phil Schleihauf Karen Smereka Katharine Smithrim Jesse Stewart Melody Tomkow Wesley Tozer Helen Turnbull Rena Upitis Zinta Upitis Susan Walker Marion Watkins

Laura Apol Marilyn E. Bennett Karen Boese Frances Boyle Jo-Anne Brady Mary Lee Bragg Brian Brittain Peter Coffman & Diane Laundy Justin Connidis & Julia McArthur Peter Coughlin Nathalie deGrâce

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