



Nature Frames

Kindness to the Earth

Choose items found on the ground.

Take only what you need.

Be gentle with your items.

Thank the Earth for helping you make this beautiful art!

Leave your art in place for others to enjoy.

Create a natural frame using sticks as a border and string to bind the corners. Wind more string back and forth from one stick to an opposite stick to complete the frame.

Gather items from the natural world and gently weave each item into the frame.

How do you weave gentleness and kindness into the lives of your friends? How can you weave kindness into the life of a stranger?



TD Friends of the Environment Foundation



WINTERGREEN STUDIOS

